

Welcome to Junior Eagle Cheer!

JEC is comprised of kinder prep through 5th grade students who attend Lake Country Christian School. The purpose of Junior Eagle Cheer is for elementary students to learn about cheerleading and have the opportunity to perform in pep rallies, cheer at LCCS athletic events and enjoy the sport of cheerleading!

JEC cheerleaders will be picked up from their elementary classroom and walked to the Tiger Gage Rohus Spirit Facility for cheer practices twice a month on Mondays. During practices elementary cheerleaders will learn cheers, dances, jumps and how to stunt. These skills will be performed at LCCS pep rallies, home varsity football games and one varsity basketball game.

### **Coaches & Staff**

- *Coach Shannon Duffy* - Director of LCCS Cheer program, Varsity Cheer Coach and JEC Cheer Coach
  - Varsity Cheerleaders & Talon Crew help walk JEC cheerleaders to the TGR and teach cheer material.
- *Coach Lily Holeman* - Middle School Cheer Coach, Assistant Varsity and JEC Cheer Coach
  - Middle School Cheerleaders help teach cheer material.
- *Coach Victoria Powers* - Eagle Prep Cheer Coach, Assistant Varsity and JEC Cheer Coach

### **Communication:**

- Families will receive weekly “This Week in JEC Cheer” emails. These weekly emails will provide our cheer schedule and update families on any upcoming theme days for pep rallies.
- Email communication will be sent to Shannon Duffy at [\*\*cheer@lccs.org\*\*](mailto:cheer@lccs.org)

### **Requirements:**

- Must be enrolled at Lake Country Christian School for the 2026 - 2027 school year.
- Complete JEC Enrollment - Enrollment is \$150, this cost includes the 2026-2027 cheer t-shirt.
- Purchase cheer uniform: Skirt, Shell, Briefs, Bow, Poms (optional jacket) - through Varsity Spirit Fashions.
- Purchase on own: solid white no show socks, white athletic shoes.

*Looking forward to a fun and exciting year with the 2026-2027 cheer season! So happy your athlete and your family will be a part of the LCCS Junior Eagle Cheer program!*

**Junior Eagle Cheer  
2026 -2027**

**Practice Schedule**

Monday, August 24	3:00 pm to 4:15 pm - TGR	Wear: shorts, athletic shoes Bring: snack and small drink
Monday, August 31	3:00 pm to 4:15 pm - TGR	Wear: shorts, athletic shoes Bring: snack and small drink
Monday, September 14	3:00 pm to 4:15 pm - TGR	Wear: shorts, athletic shoes Bring: snack and small drink
Monday, September 21	3:00 pm to 4:15 pm - TGR	Wear: shorts, athletic shoes Bring: snack and small drink
Monday, October 5	3:00 pm to 4:15 pm - TGR	Wear: shorts, athletic shoes Bring: snack and small drink
Monday, October 19	3:00 pm to 4:15 pm - TGR	Wear: shorts, athletic shoes Bring: snack and small drink
Monday, November TBA	3:00 pm to 4:15 pm - TGR	Wear: shorts, athletic shoes Bring: snack and small drink

**Pep Rally & Varsity Football Schedule**

Friday, September 4 WOGWAG / Camo theme	2:40 pm Pep Rally start time Byers Red Gym  7:30 pm Kick Off @ Eagle Stadium JEC performs at half time	<b>Wear to school &amp; Football Game</b> JEC cheer uniform (skirt, shell, briefs) JEC bow with hair in ponytail White socks, white cheer shoes
Friday, September 11 Race Car theme	2:40 pm Pep Rally start time Byers Red Gym  7:30 pm Kick Off @ Eagle Stadium JEC performs at half time	<b>Wear to school &amp; Football Game</b> JEC cheer uniform (skirt, shell, briefs) JEC bow with hair in ponytail White socks, white cheer shoes
Friday, September 25 Homecoming Pep Rally	2:30 pm Pep Rally start time Byers Red Gym  7:00 Kick Off @ Eagle Stadium JEC performs at half time	<b>Wear to school &amp; Football Game</b> JEC cheer uniform (skirt, shell, briefs) JEC bow with hair in ponytail White socks, white cheer shoes
Thursday, October 8 Fight Cancer Pep Rally Friday, October 9	2:40 pm Pep Rally start time Byers Red Gym  7:00 Kick Off @ Eagle Stadium JEC performs at half time	<b>Wear to school &amp; Football Game</b> JEC cheer uniform (skirt, shell, briefs) JEC bow with hair in ponytail White socks, white cheer shoes
Friday, October 25 Senior Pep Rally Texas Theme	2:40 pm Pep Rally start time Byers Red Gym  7:00 Kick Off @ Eagle Stadium JEC performs at half time	<b>Wear to school &amp; Football Game</b> JEC cheer uniform (skirt, shell, briefs) JEC bow with hair in ponytail White socks, white cheer shoes
November (date TBD)	Cheer at a Varsity Basketball game	

# ***Junior Eagle Cheer Uniform Order***

**Student Name:** \_\_\_\_\_

**Grade for 2026-2027 school year:** \_\_\_\_\_

Registration Fee Includes 25-26 JEC Spirit Shirt Please circle size below: Youth sizes: YXS, YS, YM, YL, YXL Adult sizes: AS, AM, AL	<b>\$150.00</b>	<b>\$150.00</b>
Junior Eagle Cheer Uniform <b>Option #1</b> Full Package (shell, skirt, briefs, poms, bow) <b>\$152.00</b> <b>-OR-</b> <b>Option #2</b> Al la carte items (circle size of item ordering)		
Shell: <b>\$66</b> YS   YM   YL   S   M   L   XL   2XL Skirt: <b>\$32</b> YS   YM   YL   S   M   L   XL   2XL Briefs: <b>\$20</b> YS   YM   YL   S   M   L   XL   2XL  Poms: <b>\$20</b> Bow <b>\$12</b>		
Optional item: Cheer jacket with name: <b>\$88.00</b> Circle size below: Youth sizes:        YXS   YS   YM   YL   YXL Adult sizes:        XS    S     M    L    XL   2XL		
<b><i>Total amount due</i></b>		
<b><i>Payment on July 3, 2026</i></b>		<b>\$150.00</b>
<b><i>Payment on August 3, 2026 (Cost of uniform order)</i></b>		

**Lake Country Christian School Cheer Program Parent/Student Information**

**Student's Name:** \_\_\_\_\_

**Grade level for 2026-2027 school year:** \_\_\_\_\_

**Parent/ Guardian name:** \_\_\_\_\_

**Parent/ Guardian cell number:** \_\_\_\_\_

**Parent/ Guardian email:** \_\_\_\_\_

**Parent/ Guardian name:** \_\_\_\_\_

**Parent/ Guardian cell number:** \_\_\_\_\_

**Parent/ Guardian email:** \_\_\_\_\_

**Student Pick Up (check one):**

- My LCCS JEC Cheerleader will be picked up by one of the parent/ guardians listed above.
- My LCCS JEC Cheerleader attends after school care and will need to be walked over to after school care located on LCCS campus.

**List any known health conditions, restrictions or allergies below:**

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